MEASURING TEFL STUDENTS' FOREIGN LANGUAGE CLASSROOM ANXIETY: A RASCH ANALYSIS APPROACH

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Abstract

This study sought to measures the foreign language classroom anxiety of the English Department students of a university in Indonesia and to compare the anxiety across independent demographic variables of gender and length of study at the department. The literature shows that foreign language learning anxiety affects one's achievements in learning a foreign language. Data were collected through administration of the adapted version of Foreign Language Classroom Anxiety Scale to 96 students selected through stratified random sampling technique. The anxiety was assessed through Rasch analysis while analyses for significant difference in the anxiety across the two independent variables were conducted using tests of inferential statistics. The findings show the existence significant number of students who tend to be highly anxious in learning English. The findings also indicate a significant difference in the students' anxiety across the independent variable of semester where semester 4 students tend to be more anxious than those of other semesters. No significant difference in the students' anxiety was found across the independent variable of gender. The implications of these findings were then discussed.

Keywords: Foreign language classroom anxiety, racsh analysis, TEFL

Introduction

Information about students' anxiety in foreign language learning is not only important in relation to the choice of learning methods or strategies in the classroom the teacher would employ in teaching (Elkhafaifi, 2005; Shams , 2006 ; Alrabai, 2015), but is also indispensable in the process of foreign language curricula development (Zheng & Cheng, 2018) and assessments (Young, 1991; Buyukkarci, 2014). If armed with knowledge about student anxiety in learning foreign languages, curriculum designers can prepare contents that help minimize this anxiety while fostering student confidence. Similarly, in designing educational evaluation, such information can help test maker, for example, in designing a test that minimizes biases resulting from the anxiety. Furthermore, foreign language teachers can anticipate variables and conditions that can cause the anxiety.

Although there is an abundance of literature related to Foreign Language Learning anxiety, most of them are generated from quantitative research using omnibus tests approach, where the results of data analysis are obtained by aggregating all responses to items of an instrument measuring different dimensions of the Foreign Language Learning anxiety into omnibus means that describe trends in the anxiety as a whole (e.g., Ganschow & Sparks, 1996; Na, 2007, Huang, Eslami, & Hu, 2010; Lucas, Miraflores & Go, 2011; Cui, 2011, Yamat & Bidabadi, 2012 ; Gursoy & Akin, 2013; Sadiq, 2017; Yassin & Razak, 2018). Of course, this approach can fulfill the relevant research objectives, but, to some extent, it does not provide a more detailed analysis of the student's response to each item and each measured dimension (Tian, Manfei, Justin, Hongyue, & Xiaohui, 2018) . One approach that can meet these expectations is the stochastic Rasch analysis approach (Rasch, 1980).

In Rasch analysis, ordinal data from respondents' responses to a scale or an inventory are transformed into interval ones in the form of a common linear logit scale. Rasch analysis is also sensitive to idiosyncrasies of persons and items (Wright & Linacre 1991; Bond & Fox, 2001).Thus, a deeper examination on a person's ability and item difficulty and a more precise and comprehensive identification of the characteristics of the persons and items will be possible (Kamil, 2012). Furthermore, drawing on Wright (2000) and Kamil (2012) suggests that Rasch analysis allows evaluation amid the existence of missing data, and simplifies "presentation of results in the form of graphical summaries of population and detailed individual profiles in a way that would be easily understood and interpreted by educators, policy makers and the concerned public" (pp.74-75).

In the light of the background described above, this study aims to measure, by means of Rash analysis, the level of anxiety of English Study Program students a state higher education in Indonesia in learning English. Specifically, this study seeks to answer the following research questions:

1. What is the level of the anxiety of the English Education Study Program students in learning English?
2. How is the anxiety level of English Education Study Program students on the three factors of anxiety about foreign language learning?
3. Is there a significant difference in students' anxiety across independent variables of gender and semester ?

Literature Review

Pertaining to the understanding of anxiety, Ellis (1994) defines anxiety in general as an uncomfortable emotional condition in which a person feels in danger, helpless and tense in anticipation of the danger. Furthermore, Horwitz (2001) and Oxford (1999) distinguish anxiety into two categories, namely; first, innate *anxiety which* is a tendency to worry that is permanent. Second, situational anxiety *that* is related to certain events or tasks. In terms of its impacts on learning, Gardner (1985) states that anxiety in foreign language learning is one of the affective factors that affects the success of foreign language learning. Furthermore, Horwitz et al. (1986) formulated anxiety in foreign language learning as a unique combination of self-perception, beliefs, feelings and behavior related to foreign language learning in the classroom which is born from the uniqueness of the language learning process. Summarizing research on the topic, Toth (2008) suggests that so far there are generally two approaches in research on anxiety in foreign language learning. The first is called the *anxiety transfer* approach and the second is known as the *unique anxiety* approach. The first approach assumes that anxiety in foreign language learning is simply a result of transfer from other forms of anxiety into the domain of foreign language learning. While the second approach assumes that anxiety in learning a foreign language is a separate anxiety *construct*, which is different from other forms of anxiety that arises due to experiences in learning and the use of foreign languages. However, research by MacIntyre and Gardner as cited in Brown (2007) shows that global *anxiety transfer* cannot be used as a reference for estimating success in foreign language learning. Therefore, research so far has focused more on language anxiety as a unique construct and situational characteristics.

In addition, Horwitz, MacIntyre, and Gardner in Brown (2007, p.162) identify three components in anxiety in foreign languages learning:

1. Communication fear that arises from the inability of learners to adequately express thoughts and ideas.
2. The fear of negative social judgments that arises from a student's need to make a positive social impression on others, and
3. Exam anxiety or fear of academic evaluations.

Research in this area has so far been dominated by three issues. First, it relates to the construct validation of anxiety in foreign language learning itself; second, concerning the development of measurement instruments; and thirdly, relating to the measurement results with these instruments. Research (e.g., Yamashiro & McLaughlin, 2001; Jackson, 2002; Hashimoto, 2002; Awan, Azher, Anwar , & Naz, 2010; Dewaele & Ip, 2013; Zheng & Cheng, 2018) have consistently shown a negative correlation between the level of anxiety of students in learning a foreign language with the success rate of learning a foreign language. Other studies have also shown differences in anxiety levels between genders (Park & French, 2013; Gerencheal, 2016), age groups and grade levels (Aydin, Harputlu, Çelik, Uştuk, & Güzel, 2017).

Furthermore, anxiety in learning foreign languages was also found to be correlated with , among others, the variable prior history of visiting foreign countries, prior high school experience with foreign languages, expected overall average for current language course, perceived scholastic competence, and perceived self-worth (Onwuegbuzie, Bailey, & Daley, 1999), classroom environment (Palacios, 1999), and psychoticism, extraversion, and neuroticism (Dewaele,

2013) . The main message of these findings is the need to pay attention to and to develop learning strategies to overcome the affective barriers experienced by foreign language learners.

As mentioned earlier, in general, the main issue related to the identity of the anxiety construct in foreign language learning is the existence of two approaches, namely the *anxiety transfer* approach and the *unique anxiety* approach. Most of the research on the issue indicates that the *unique transfer* approach can better predict the association between anxiety and success rates in foreign language learning. This construct has also been identified as having three components. However, research by MacIntyre and Gardner (1989) shows that the test anxiety component has a strong association with general anxiety, so that the components are problematic in that it is also commonly experienced in other situations, not only in foreign language learning. In the field of instrument development, several instruments have been developed, the most popular of which is the *Foreign Language Classroom Anxiety Scale* (Horwitz, *1986*). The scale has also been translated and validated in multiple languages, for example, to the Japanese language (Brown, Robson, and Rosenkjar in Smith, 2001dne; Hashimoto, 2002); Chinese (Jackson, 2002), Hungarian (Toth, 2008), Turkish (Aydin, Yavuz, & Yesilyurt, 2006), all show a high level of reliability. So far no one has translated and used the scale in the context of foreign language learning in Indonesia. For that reason, it is also the aim of this study to use the Indonesian version of the scale and evaluate its psycometric properties.

Regarding the construct validation of the scale, studies have shown that the *Foreign Language Classroom Anxiety Scale (FLCAS) refers* to a specific measurement of anxiety in foreign language learning, not a measurement of global anxiety levels. Spielberger, McCroskey, and Watson and Friend in Toth (2008) shows that the questionnaire has an r = .29 with the Trait scale of the STAI (Spielberger, 1983), r = .28 with Personal Report of Communication Apprehension (McCroskey, 1970), r = .36 with the Fear of Negative Evaluation Scale (Watson & Friend, 1969), and r = .53 with the Test Anxiety Scale (Sarason, 1978), r = .53. Research by MacIntyre and Gardner, in Toth (2008) also shows that the three dimensions in this questionnaire are independent from one another. The main findings of measuring anxiety levels using the FLCAS (Horwitz, 1986) can be summarized as follows: (1) there are two known forms of anxiety that affect learning, namely debilitative anxiety and facilitative anxiety (Oxford, 1999; Spielmann & Radnofsky, 2001). (2) Debilitative anxiety is anxiety that has a negative impact on learning, while facilitative anxiety is actually beneficial in motivating learning and encouraging people to complete tasks. (3) Sparks and Ganschow (2001) suggest that language anxiety is likely a consequence of learning difficulties and could be the result of weakness in the first language. (4) Research by Levine (2003) shows that anxiety varies depending on whether students talk to fellow students or to teachers. (5) Gregersen (2003) found that students who were anxious made more mistakes, exaggerated those mistakes and self-corrected more than students who were less anxious. (6) Gregersen and Horwitz (2002) found a link between anxiety and perfectionism. People who have unrealistic standards for their own abilities tend to have higher levels of anxiety. (7) Research by William and Andrade (2008) found that the majority of students referred to teachers as creators of the learning atmosphere that caused their anxiety.

Methodology

This research is quantitative in nature and used survey design to address the research questions. For this purpose, the Foreign Language Classroom Anxiety Scale (Horwitz, *1986)* was

distributed to the respondents to collect the data which were then analyzed using Rasch analysis and appropriate inferential statistical techniques.

Research site, population, and sample

The population of this study was all the students of an English Department at a state university in Indonesia, who were in semester 2, 4, and 6. The eighth semester students were not included because at the time of the research as they were conducting teaching practices program at schools. The total number the population was 225 which is detailed the following table.

Table 1. *Research population*

Semester	Number
2	89
4	50
6	86
Total	225

Samples were randomly taken using stratified random sampling technique from each of the semesters, targeting at least 30% of the total number of students in the semester, while still adhering to the yardstick that the accumulated number of samples from each semester is at least 30% of the total population of the Study Program. For the purpose of the study, the stratifications used were semester and class. The sampling resulted in a sample of 96 students. Details of the number of samples taken from each semester and class from each study program are shown in the following table:

Table 2. *Number of samples from each semester and class*

Semester	Number
2A	15
2B	12
2C	12
4	15
6A	16
6B	11
6C	15
Total	96

Data collection and analyses

The data were collected using the Foreign Language Classroom Anxiety Scale (Horwitz, 1986) which was translated into *Bahasa Indonesia*. The scale consists of 33 items with a Likert-scale response category ranging from 5=Strongly Agree to 1=Strongly Disagree. The items of the scale are based on the theory that anxiety in foreign language learning that consists of three dimensions,

namely *Communication Apprehesion (CA), Test Anxiety (TA)* and *Fear of Negative Evaluation (FNE)*. The scale has been widely used in research in this field, for example by Toth (2008), Brown, Robson, and Rosenkjar, (2001), and William and Andrade (2008). Items of each of the three dimensions of the scale are presented in the following table:

Table 3. *Dimensions and items*

Dimension	Item	Number
Communication Apprehension	1,4,9,14,15,18,24,27,29,30,32	11
Test Anxiety	3,5,6,8,10,11,12,16,17,20,21,22,25,26,28	15
Fear of Negative Evaluation	2,7,13,19,23,31,33	7
	Total:	33

Translation of the scale into *Bahasa Indonesia* was made in order to facilitate the respondent's best possible understanding of the scale. To ensure that the translation matches the meaning of the original questionnaire, the researcher asked two competent English lecturers to evaluate it using *back-to-back translation technique*. Some revisions were made on the initial draft of the translation. The evaluators stated that the final Indonesian version of the scale was appropriate and can be used for the research. The Indonesian version of the instrument consists of two parts. The first part contains questions pertaining to the respondents' demographic information which includes semester, group, and gender. The second part is the scale's items. To adapt the instrument to the respondent's study program (i.e. English), the researcher added the word "English" to items requiring this specification. Data analyses were conducted using three different statistical techniques that suited the nature of the research questions and the data. To answer research question number 1 and 2, data were analyzed by *Rasch Analysis* using Winsteps software. While for answering research question number 3, the interval data from Rasch Analysis were further analyzed using t-Test and Kruskal-Wallis Test. The interpretation of the response to instrument items in this study refers to the item endorsability principle in Rasch Analysis, where the higher the logit measure value of an item, the lower the level of agreement or endorsability of the respondent towards the item, which means the lower the respondent's anxiety in the condition stated in the item. Conversely, the higher the logit measure value of a respondent on the logit scale, the higher the level of agreement or endorsability for the items on the instrument, or the higher the level of the anxiety.

Findings

Findings of preliminary data analysis

Preliminary data analysis was needed in this study because the use of Rasch Analysis requires the validity and the reliability of the measurement results to be evaluated as the first step for producing useful information for conclusion drawing and decision making. These are done by examining the item polarity and item fit indices. Item polarity provides information on whether items in an instrument measure what it intends to measure. This information is provided by

the Point Measure Correlation (PTMEA CORR) value which must be positive for each item and is in the infit-mean-square (IMS) range of 0.5 to 1.5 which indicates that the item fits the Rasch model. Results of analysis of preliminary data (Table 4) show the item number 1, in addition to having PTMEA CORR- negative, also has Infit Mean-Square 1. 92, which is outside the range of 0.5 to 1.5.

Table 4. *Item polarity*

```
+--------------------------------------------------------------------+
|ENTRY   RAW                     |  INFIT  |  OUTFIT  |PTMEA|        |
|NUMBER  SCORE  COUNT  MEASURE  ERROR|MNSQ  ZSTD|MNSQ  ZSTD|CORR.| Items|
|--------------------------------+----------+----------+-----+------|
|    1    298     95     .07    .11|1.92   6.2|2.15   7.2| -.46| I0001|
|   32    202     96    1.44    .13|1.23   1.5|1.30   1.8|  .02| I0032|
|   28    377     96   -1.08    .14|1.16   1.0|1.17   1.0|  .03| I0028|
|   11    233     95     .93    .12|1.12    .9|1.23   1.6|  .05| I0011|
|   22    385     96   -1.24    .15|1.00    .0|1.03    .3|  .07| I0022|
|    2    297     94     .06    .11|1.64   4.5|1.64   4.4|  .08| I0002|
|   24    370     96    -.94    .14| .97   -.1| .93   -.4|  .16| I0024|
|   10    399     96   -1.56    .16|1.25   1.4|1.24   1.4|  .18| I0010|
|    6    288     96     .24    .11|1.04    .4|1.06    .6|  .24| I0006|
|    8    358     96    -.73    .13|1.42   2.5|1.40   2.3|  .28| I0008|
|   15    355     95    -.73    .13| .82  -1.2| .79  -1.4|  .28| I0015|
|   13    260     96     .59    .11|1.21   1.6|1.22   1.7|  .36| I0013|
|   25    348     96    -.57    .12| .91   -.6| .86   -.9|  .37| I0025|
|   12    300     96     .09    .11|1.01    .1|1.00    .0|  .44| I0012|
|   29    337     96    -.41    .12| .96   -.3| .94   -.4|  .44| I0029|
|    4    359     95    -.81    .13|1.09    .6|1.04    .3|  .45| I0004|
|   19    286     95     .22    .11| .91   -.7| .93   -.6|  .46| I0019|
|   17    217     96    1.19    .12| .80  -1.4| .82  -1.2|  .47| I0017|
|    5    244     96     .80    .12| .78  -1.9| .76  -2.0|  .52| I0005|
|   23    314     96    -.09    .11| .78  -1.9| .74  -2.2|  .52| I0023|
|   14    280     96     .34    .11| .71  -2.7| .71  -2.6|  .53| I0014|
|   20    339     95    -.50    .12|1.01    .1| .99    .0|  .53| I0020|
|   30    287     96     .25    .11|1.04    .4|1.06    .5|  .53| I0030|
|   21    209     96    1.32    .13| .79  -1.4| .85  -1.0|  .55| I0021|
|    9    337     96    -.41    .12| .97   -.2| .93   -.5|  .55| I0009|
|   18    270     96     .47    .11| .64  -3.4| .65  -3.3|  .57| I0018|
|    7    323     96    -.21    .12| .73  -2.3| .71  -2.4|  .59| I0007|
|   33    309     94    -.12    .12| .98   -.1| .97   -.2|  .59| I0033|
|   16    297     96     .12    .11| .82  -1.5| .80  -1.7|  .61| I0016|
|    3    316     96    -.12    .12| .82  -1.5| .80  -1.7|  .62| I0003|
|   31    259     96     .61    .11| .87  -1.1| .87  -1.1|  .65| I0031|
|   26    260     96     .59    .11| .97   -.2|1.00    .0|  .67| I0026|
|   27    290     96     .21    .11| .57  -4.3| .58  -4.2|  .68| I0027|
|--------------------------------+----------+----------+-----+------|
| MEAN   303.    96.     .00    .12|1.00   -.2|1.00   -.1|     |      |
| S.D.    51.     1.     .72    .01| .27   2.0| .30   2.1|     |      |
+--------------------------------------------------------------------+
```

The literature offers different solutions to the issue of *misfitting items*. In general, the solutions offered fall into two groups. The first group advocates the abolition of the misfitting items from the instrument with some fundamental reason (e.g. Arnadottir & Fisher, 2008; Bohlig, Fisher, Masters, & Bond, 1998). The first opinion warns that misfit items with a mean-square outside the tolerable range have a negative impact on the measurement, and thus poses a serious threat to validity. Meanwhile, the second group argues that misfitting items cannot be simply eliminated because up to 5% of the items contained in an instrument have the possibility to misfit randomly

or accidentally. A measurement instrument is considered unidimensional if less than 5% of all items are found to misfit (Wright & Masters, 1982; Wright & Mok, 2000). Or, at least, a thorough consideration of the theoretical importance of these items is required before deciding to abolish them (Bohlig, Fisher, Masters, & Bond, 1998).

In terms of quantity, one misfit item (item number 1) covered only 3.3% of the total items. This figure is still below 5% of the tolerable amount of misfitting items. However, a negative PTMEAS CORR value cannot be tolerated in the measurement with the Rasch Model because it shows the possibility that the item does not really refer to the anxiety construct in foreign language learning. To maintain the validity of the results of the measurement of the level of anxiety, the researcher decided to delete item 1 that has a negative PTMEAS CORR from the next data analysis. This, however, also suggests that the Indonesian version of the scale measured what it is purposed to measure.
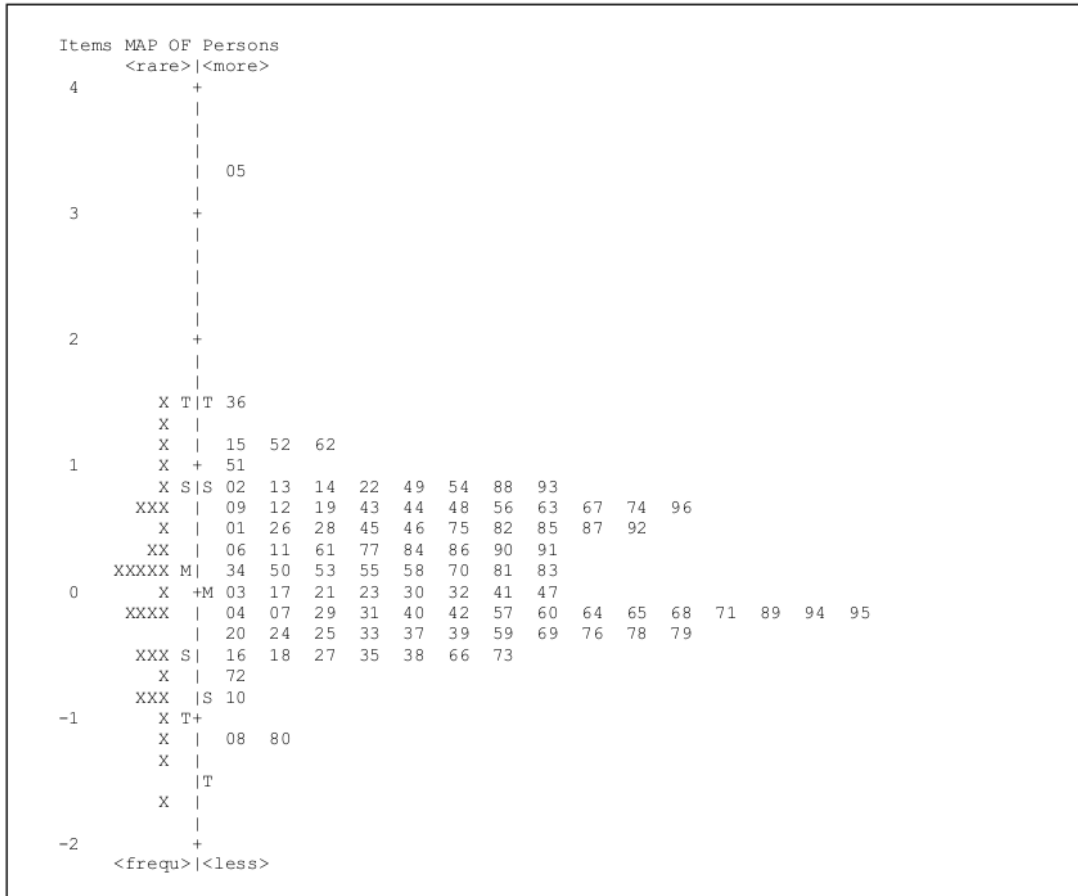
Respondents' anxiety in learning English

Table 5 shows that, overall, the level of the students' anxiety (n = 96) in learning English can be grouped into two tiers based on the value of *separation* = 2. 43, with a value of estimation reliability = .86. Furthermore, Figure 1 shows that the 2. 43 groups of anxiety levels referred respondents with logit values in the range of 1 standard deviation above the mean and 1 standard deviation below the mean. Indeed, there are several respondents with logit values above and below this range, but the numbers are not significant.

Table 5. *Levels of anxiety and estimation reliability*

```
+------------------------------------------------------------------------------+
|           RAW                        MODEL      INFIT        OUTFIT           |
|           SCORE     COUNT   MEASURE   ERROR   MNSQ   ZSTD   MNSQ   ZSTD       |
|------------------------------------------------------------------------------|
| MEAN     101.1      31.9      .19      .21   1.00    -.2   1.00    -.1        |
| S.D.      12.8       .4       .61      .02    .44    1.7    .44    1.7        |
| MAX.     149.0      32.0     3.39      .37   3.00    6.0   3.37    6.5        |
| MIN.      67.0      30.0    -1.23      .20    .24   -5.0    .23   -4.9        |
|------------------------------------------------------------------------------|
| REAL RMSE    .23 ADJ.SD    .57  SEPARATION  2.43  Person RELIABILITY    .86  |
|MODEL RMSE    .21 ADJ.SD    .58  SEPARATION  2.68  Person RELIABILITY    .88  |
| S.E. OF Person MEAN = .06                                                    |
+------------------------------------------------------------------------------+
```

Figure 1 also shows that most of the samples have a relatively high level of anxiety in learning English. This is indicated by the fact that more than 50% (51) of the respondents have the logit value above the *Mean* (M). However, Figure 1 shows that there is no systematic distribution pattern of respondents' anxiety levels along the logit scale, either by semester or class.

Figure 1. *Person Map*

```
    Items MAP OF Persons
        <rare>|<more>
    4        +
             |
             |
             |
             |   05
             |
    3        +
             |
             |
             |
             |
             |
    2        +
             |
             |
         X T|T 36
         X  |
         X  |   15   52   62
    1    X  +   51
         X S|S 02   13   14   22   49   54   88   93
        XXX  |  09   12   19   43   44   48   56   63   67   74   96
         X   |  01   26   28   45   46   75   82   85   87   92
         XX  |  06   11   61   77   84   86   90   91
      XXXXX M|  34   50   53   55   58   70   81   83
    0    X +M 03   17   21   23   30   32   41   47
        XXXX |  04   07   29   31   40   42   57   60   64   65   68   71   89   94   95
             |  20   24   25   33   37   39   59   69   76   78   79
        XXX S|  16   18   27   35   38   66   73
         X   |  72
        XXX  |S 10
   -1    X T+
         X   |  08   80
         X   |
             |T
         X   |
             |
   -2        +
        <frequ>|<less>
```

Respondents' anxiety levels in the three dimensions of foreign language classroom anxiety

The comparison of the means of the total measures of a set of items on each of the three FLCA dimensions (Table 7) shows that the Fear of Negative Evaluation (FNE) dimension has the highest value (0.6), considerably higher than the mean measures for the other two dimensions, ie Communication. Apprehension (CA [0.0] 4) and Test Anxiety (TA [0.03]). Referring to the principles of interpretation of the measure of items of the research instrument where the higher the measure value, the lower the endorsability of the item by the respondent, it can be concluded that in general respondents have a higher level of anxiety on the CA and TA dimensions than the FNE dimension.

Specifically, the item with the highest level of agreement- hence, one with which the respondents feel most anxious, is item 10 (I worry about the consequences of failing my foreign language class) from the Test Anxiety dimension with measure of -1.56. While the item that has the lowest level of agreement is item 32 (I would probably feel comfortable around native speakers of the foreign language) from the Communication Apprehension dimension, measure 1.52.

Table 7. *Mean measures of the three dimension of FLCA*
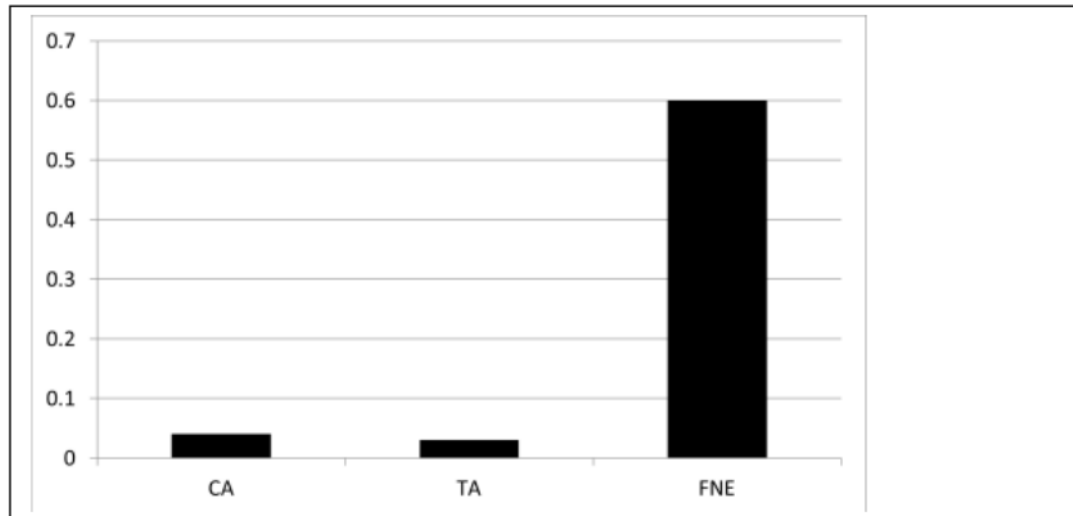
Comparisons of the students' anxiety levels in learning English across the variables of gender and semester

Gender, of the 96 samples, 31 were males and 62 were females, and 3 others did not provide information about this. While in the overall population of the students in semester, 2,4 and 6, there were 87 males and 138 females

> *Ho = There is no significant difference between the anxiety level of PBI male students and the anxiety level of PBI female students in learning English*

The *t*- Test result show that there is no significant difference in the anxiety level of male students with the anxiety level of female students in learning English. *t = -1.109, df = 91, α = .270.* Thus *Ho was* accepted.

Semester, there are 3 groups of respondents according to semester, namely groups of students in semesters 2.4, and 6. Since the prerequites for the use of parametric test were not met, the non-parametric test of Kruskal-Wallis was used. The result showed a difference in anxiety levels between at least one group *n=96, df = 2, α = .038.* Thus *Ho was* rejected. Furthermore, the Post-hoc test using the Mann-Whitney U test showed a significant difference between the semester 2 group (Mean *Rank* = 24.78), and the Semester 4 group (Mean *Rank* = 34.57), *Z = -2.048, α = .041,*

and using the *t* test, a significant difference was also found between the Semester 4 group (M = .4587) and the Semester 6 group, $t = 2.622$, $df = 55$, α = .011. Thus, the semester 4 students had the highest level of anxiety.

Discussion

The results of the analysis in this study have shown that; first, most of the respondents tended to have a relatively high level of anxiety in learning English. There are a substantial number of students (> 50%), who had problems with anxiety in learning English. As the literature suggests, the anxiety can have a positive and negative effect on student achievement in foreign language learning (e.g., Yamashiro & McLaughlin, 2001; Jackson, 2002; Hashimoto, 2002; Awan, Azher, Anwar, & Naz, 2010; Dewaele & Ip, 2013; Zheng & Cheng, 2018) This study also shows that respondents have a high level of anxiety in the CA and TA dimensions. The same phenomenon was also found in Amengual-Pizarro's research (2018). This indicates that respondents are concerned about their ability to communicate using the foreign language they are learning. Thus, it seems that respondents need more reinforcement from teachers and peers to increase their confidence in communicating in the foreign languages they are learning and be provided a greater portion of communication practices as also suggested by research by Jin and Dewaele (2018). The fact TA is also the main source of respondents' anxiety in learning foreign languages is also in line with the results of the item analysis. The results show that anxiety about the consequences of failing to complete the foreign language learning program as a whole (item 10) comes from this dimension and is the item with the highest agreement level. In Amengual-Pizarro's research (2018), this item ranks the second as item with the highest agreement level. These indicate the need for efforts to change the negative stigma of testing, for example by developing tests that focus more on evaluating the learning process in order to identify aspects that students should improve in their learning, not as a device to pass or fail them.

The third finding of this study indicates a significant difference in the level of students' anxiety across different semesters. The difference was found between semester 2 and 4 and between semester 4 and 6, where those of semester 4 tended to have higher anxiety. Pertaining to these phenomena, research by Elahi, Shirvan, and Taherian (2018) shows that FLCA is dynamic; it tends to decrease along the learning process and is negatively correlated with the Foreign Language Enjoyment (FLE) variable. However, their study also shows that there is a time point at which respondents experience both FLCA and FLE. This study also shows that there was no significant difference in the level of anxiety in learning foreign languages between male and female respondents. This may indicate that gender may not be a variable that can be constantly associated with anxiety in learning the foreign language. However, the literature shows inconsistent findings regarding the relationship between gender and FLCA. For example, research by Azher, Anwar, and Naz (2010) and Elaldi (2016) shows that male respondents tend to have higher levels of anxiety than female respondents. However, Park and French's research (2013) shows the contrary. Meanwhile, Jiang and Dewaele's research (2019) indicates that there is no difference in the level of anxiety between respondents from the two groups of independent variables. As it seems, further research is still needed on this issue.

Conclusions

Overall, the study found a substantial number of students who tended to have high levels of anxiety in learning English. It appears that the main sources of the students' anxiety were the CA and TA dimensions of the FLCA. The significant difference found in the comparison of anxiety levels between semesters shows that the fourth semester group had a relatively higher level of anxiety than the other semester groups. In the context of this study, the gender variable did not show a significant association with the level of anxiety of the respondents. Finally, it was shown that the Indonesian version of FLCA scale functioned meaningfully for the purposes of the study.

Based on the findings and discussion above, the researchers recommend the following three recommendations. Further research is needed to examine more deeply the impact of the students' anxiety in learning foreign languages, which was beyond the scope of this study, especially on their academic performance. So that anticipatory and remedial steps can be planned and implemented if deemed necessary. As FLCA seems to be dynamic, attention should always be given to it during the course of a foreign language program and foreign language educators should always aware of it. Further research with greater number of sample would be beneficial for the evaluation of the Indonesian version of the FLCAS developed in this study.

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